



Sex, Magick, and Spirit: Enlightenment Through Ecstasy

Bonnie L. Johnston, Peter L. Schuerman

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Discover exhilarating sexual techniques to liberate your consciousness from cultural conditioning and experience the transformative effect of sexual magick with *Sex, Magick, and Spirit*. This uplifting book presents a positive, intimate approach to the often-repressed power of human sexuality.

Explore the relationship between sex and the nature of consciousness. Discover why working with polarity is such an important part of the nature of the sexual mysteries. Practice the concise, easy preparatory exercises for sex beyond your wildest dreams, and perform sacred sexual techniques with a partner or by yourself.

Sex, Magick, and Spirit openly discusses the Sexual Mysteries of the West in a way that is relevant to modern times. It is perfect for those who are interested in sacred sexuality but don't connect with Eastern-based Tantra, and for Tantric practitioners who are interested in alternative approaches.

The time has come to rediscover sensuality and intimacy and reclaim sex as a spiritual act of love and pleasure.

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