



# Susie and Me Days: Joy in the Shadow of Dementia

Susan L. Garbett

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This candid, intimate, and self-reflective account brings to life the relationship between a father and daughter as they journey through the murky haze of dementia. The story vividly describes for families and caregivers the everyday challenges and stresses they may encounter. It provides practical strategies and personal interventions that open pathways to joyful, rewarding experiences and discoveries that preserve dignity and enhance the patient's and caregiver's quality of life.



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