



# Psychiatric Advanced Practice Nursing: A Biopsychosocial Foundation for Practice

*Eris F. Perese APRN-PMH*

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**Psychiatric Advanced Practice Nursing: A Biopsychosocial Foundation for Practice** Eris F. Perese  
APRN-PMH

Here's an evidence-based, holistic approach to caring for psychiatric and mental health patients in outpatient settings. Using a biopsychosocial model, this text addresses mental health issues through stabilization of brain chemistry, individualized psychotherapy, and re-socialization into the community.

Inside, you'll find an in-depth focus on specific psychiatric disorders including the epidemiology, etiology, biological basis, clinical presentation of adults, older adults, and children, co-morbidities, differential diagnosis, and treatment. There is also comprehensive coverage of the interventions and "Levers of Change" used to aid patients in their recovery, as well preventative interventions.

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