



Meditations: The Best Quotes of Marcus Aurelius

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All the wisdom of Marcus Aurelius' Meditations has been distilled into this quote book. So that you can easily enrich your life a few sentences at a time. This guide acts as a perfect first introduction the Aurelius' work, or a handy reference for more experienced readers.

Let the writings Marcus Aurelius, the famously introspective roman emperor, guide you on your journey into classical philosophy. Aurelius' is a notable philosopher-king in the stoic tradition. Stoicism, a philosophy often considered the Greek predecessor to Minimalism and praises self-restraint, utility, isolationism and working for the good of society. Use this book to guide your research, improve your quality of life, or just feed your fascination with classical literature and philosophy.

The quotes in this book have been artfully chosen and organized into the six subject matter categories that Aurelius writes about most, and address the universal questions we all wonder about.

Some themes which are covered:

- Faith: Is there one god, or are there many? Is my life predestined?
- Time and Dying: How does one age gracefully? Should man fear death?
- Society and People: How do you deal with criticism? How much should you trust your peers?
- Thinking and Working: Is it possible to train yourself to not think bad thoughts? Can you work too hard?
- Self-Respect: What makes someone a good person?
- Art and Science: Why do we make art? How should we interact with nature?

Each section is presented with historical context and insight into the more complex parts of Aurelius' philosophy for an easy reading experience.

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