



Case Conceptualization and Treatment Planning: Integrating Theory With Clinical Practice

Pearl S. (Susan) Berman

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Learn to develop treatment plans using any theoretical perspective Using compelling client interviews and skill-building exercises, this text shows students how to develop effective case conceptualizations and treatment plans. Case Conceptualization and Treatment Planning presents a comprehensive model that simplifies a task that is potentially overwhelming to a student—figuring out how to tailor clinical work to the specific background and values of a client. This new edition has been thoroughly revised and expanded, including the addition of two new theoretical orientations: feminist perspective and constructivist perspective. Key Features Interviews that challenge students to gain an understanding of the strengths and weaknesses of diverse clients as well as develop an awareness of biases therapists may bring to the treatment process Exercises that help students learn to tailor their written treatment plans to the model chosen for supporting client growth Theoretical models that challenge students to think critically about cases using behavioral, cognitive, feminist, emotion-focused, dynamic, family systems, constructivist, and transtheoretical perspectives Instructor's Resources Available Visit <http://www.sagepub.com/pberman2instr/> for the password-protected instructor's materials including seven procedures that describe how instructors can use class time to build students' skills at developing case conceptualizations and treatment plans; grading criteria; tips for instructor feedback to student work; and essay exam questions. This text is suitable for professionals and students in clinical psychology, counseling psychology, psychiatry, social work, human services, and nursing.

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