



# **Birthing the Nation: Sex, Science, and the Conception of Eighteenth-Century Britons**

*Lisa Forman Cody*

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How could the professional triumph of man-midwifery and contemporary tales of pregnant men, rabbit-breeding mothers, and meddling midwives in eighteenth-century Britain help construct the emergence of modern corporate and individual identities? By uncovering long-lost tales and artefacts about sexuality, birth, and popular culture, Lisa Forman Cody argues that Enlightenment Britons understood themselves and their relationship to others through their experiences and beliefs about the reproductive body. *Birthing the Nation* traces two intertwined narratives that shaped eighteenth-century British life: the development of the modern British nation, and the emergence of the male expert as the pre-eminent authority over matters of sexual behaviour, reproduction, and childbirth. By taking seriously contemporary caricatures, jokes, and rumours that used gender, birth, and family to make claims about religious, ethnic and national identity, Cody illuminates an entirely new view of the eighteenth-century public sphere as focused on the bodily and the bizarre.

In a monarchy arbitrated by its official religion, regulation of reproduction and childbirth was vital to the very stability of British political authority and the coherence of British culture, challenged as it was by Catholicism, the French Revolution, and social change. In the late seventeenth century, the English feared the power of female midwives to control the destiny of the royal family, yet men-midwives and male experts had hardly proved their superiority to manage the successful birth of children. By the mid-eighteenth century, however, male midwives became experts over the domestic world of pregnancy and childbirth, largely replacing female midwives among the middling and elite families. Cody suggests that these new professionals provided a new model for masculine comportment and emergent intimate relationships within the middle-class and elite home.

Most surprisingly, Cody has discovered many interconnections between obstetrics and politics, and shows how male experts transformed what had once been the private, feminine domain of birth and midwifery into topics of public importance and universal interest, leading even Adam Smith and Edmund Burke to attend lectures on obstetrical anatomy. This is the first book to place the eighteenth-century shift from female midwives to male midwives as the dominant experts over childbirth in a larger cultural and political context. Cody illuminates how eighteenth-century Britons understood and symbolized political, national, and religious affiliation through the experiences of the body, sex, and birth. In turn, she takes seriously how the political arguments and rhetoric of the age were not always made on disembodied, rational terms, but instead referenced deep cultural beliefs about gender, reproduction, and the family.

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