



Miracle Mindfulness: A Guide To A Course In Miracles Workbook For Students, Lessons 1-220

Holly Fox

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Endorsement: "With Miracle Mindfulness: A Guide to A Course in Miracles Workbook, Lessons 1-220, Holly E. Fox gives us a tour de force of the Workbook of the Course. She offers great insight into the meaning of the lessons, preparing the reader to get the Course on a deeper level than ever. I highly recommend this book to all miracle minded people, or those who would like to be. This book will save you a lot of time in your awakening."

Gary Renard, the best-selling author of The Disappearance of the Universe trilogy.

Introduction: Miracle Mindfulness is designed as a guide to A Course in Miracles Workbook for Students, covering Part 1, Lessons 1-220. Similar to the Course Workbook, you will be presented with the lesson of the day, followed by an explanation of the theme, which you can reflect upon to enhance your practice. You will notice some of the core ideas are presented more than once with slight variations. Repetition is necessary in order to penetrate the mind that sees, thinks and experiences life through the habitual nature of the ego.

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