



# **Making Every Day Count: Daily Readings for Young People on Solving Problem, Setting Goals, and Feeling Good About Yourself**

*Pamela Espeland, Elizabeth Verdick*

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To help kids face life's challenges, this positive book contains a year's worth of daily inspiration, affirmation and advice, and helps kids plan for the future and appreciate their unique qualities. Each all-new entry includes a thought-provoking quotation, a brief essay, and a positive "I"-statement that relates the entry to readers' lives.

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