



**Smoothies for Weight Loss: 55 Delicious Smoothies For Weight Loss, Detoxing , Health And Keep You Healthy (Smoothies, Smoothie Cookbook, Vegan Smoothie, ... Smoothie Recipes For Weight Loss Book 1)**

*Nancy Kelsey*

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Have you been trying to lose weight for years with little or no success? Are you on the verge of giving up on the idea of ever shedding those unwanted pounds? If so your in the right place!

## **55 Delicious Smoothies For Weight Loss, Detoxing , Health And Keep You Healthy**

Today only, get this Kindle book for just \$2.99. Soon to be priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device.

You're about to discover how to...

A fast, easy, and sustainable way to lose weight and keep the pounds off. Most people struggle with losing weight. The main reason is because they don't have a plan. This book is filled more than just recipes that have been proven to help weight loss, it also can help you improve your metabolism, gain energy, and increase your overall health!

There is no super secret diet to help you shed all your pounds in a week, but if you follow the recipes in this book, and add exercise to your daily regime, you will be surprised to see the pounds fall off!

### **Here Is A Preview Of What You'll Learn...**

- Proven and affordable smoothie recipes
- 55 different **smoothie recipes for weight loss**
- Smoothie recipes for more energy
- How to increase your overall health
- Step-by-step directions for preparing each of the recipes that makes the process much quicker & easier.
- Much, much more!

**Download your copy today!**

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TAGS: smoothies for weight loss, smoothie recipes, smoothies, green smoothies, weight loss smoothie,

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**Robin Castillo:**

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**Brooke Gafford:**

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