



KNOWING the Value of Love: Learn the secrets of Love

Scott Lewis

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"Love has no monetary value, but the value it brings to the world is priceless" - Scott Lewis

Have you ever wondered if there is a digestible way you can open yourself to receive love and all its gifts? If you're like most people, you feel moments of love, but the overall tangible, heartfelt love often escapes your grasp, doesn't last, or maybe you have an issue with expressing love.

What if you could find all the answers you've sought about love in one place? What if it could be something you use to develop and maintain all your relationships? Well you can, find out what love truly is and how to express it in your relationships, understand love and the science behind it, realize that the magic of love does exist, and how to deeply feel love in your daily life.

Love is not a simple recipe requiring 1/2 a cup of sugar and 2 cups of flour. There is a great deal of "sweetness and spice" involved, but it takes a little more ingredients to discover love's true worth.

KNOWING the Value of Love opens doors that you may not have known existed.

Have you ever asked yourself ...

- Why can't I love myself?
- What is missing in my life?
- Did something happen to me in my youth making me unable to bond and share love with someone else?
- Can I be "fixed" the way a mechanic fixes a car?
- Is there a universal intelligence, a consciousness that attracts love to me?
- Can love heal my body and mind?
- Is there a way to understand Love and express it openly?

Knowing the "whys" opens up a new world of seeing and being.

This is your ticket to a journey of self-discovery into the internal conditions you may need to change to help you discover the magic of love.

What Is LOVE?

Love permeates society in so many different ways. It has shaped generations, started revolutions and been used in thousands of different ways to express feelings, creativity, and emotions. We use the word love in songs, poems, movies, and in our everyday expressions of living. Love is a primary human emotional need. Its role in our life, from birth until death, is what makes us feel secure or insecure in all areas of our lives.

Find out about the 5 Truths of Love and how they operate in your internal world of feelings and emotions, how they relate to life and love.

Learn how to Heal with Love

Emotions like guilt, shame, anger, resentment, blame, fear etc. are a way of kicking the can down the road and stopping yourself from connecting with love and moving forward with understanding and awareness.

But there is a way to use these feelings to become more aware, they are opportunities for healing.

Included in the eBook are Journal exercises, guided healing techniques and a "Love In Motion" meditation.

Discover the "Life Cycle of Love" and "Love Cells"

Let's discuss, what I like to call, the "Love Cells", which relate to each of our life cycles designing the foundation for living a fulfilled life.

These "Love Cells" are either nourished and fully charged throughout your "Life Cycle of Love", or are partially nourished, or not nourished at all. When a "Love Cell" is fully nourished, the results are shown in the healthy expressions and understandings of the importance of love existing in your life throughout different phases.

When love is absent, or partially depleted, in the Life Cycle of Love, this lack of nourishment results in a negative feeling of love. You may either have a low ability in the expression of love, or a complete non-expression of love in your life cycle.

The 5 Main Love Cells are explained in this eBook.

Master the 5 Key Elements to Loving Relationships

Learn the 5 key actions that will change the way you interact in all your relationships - not just with your partner. Love is an action, knowing how to love is an art, this is learnt behaviour.

KNOWING the Value of Love is a journey of self discovery in knowing the art of how to Love yourself and the people in your life.

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