



Adult Coloring Book: Stress Relieving Patterns

Blue Star Coloring

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“Does a great job of showing just why this activity might work to tame your own personal stress monster.” – Michael Franco, CNET.com

- An Amazon #1 National Bestseller!
- This adult coloring book features over 45 lovingly detailed patterns.
- Designs range in complexity from beginner to expert-level.
- Provides hours and hours of stress relief, mindful calm, and fun, creative expression.
- Join millions of adults all around the world who are rediscovering the simple relaxation and joy of coloring!

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