

## The Parenting Skills Treatment Planner, with DSM-5 Updates (PracticePlanners)

Arthur E. Jongsma Jr., Sarah Edison Knapp

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This timesaving resource features:

- Treatment plan components for 31 behaviorally based presenting problems
- Over 1,000 prewritten treatment goals, objectives, and interventions
- A step-by-step guide to writing treatment plans that meet the requirements of most insurance companies and third-party payors

The Parenting Skills Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies.

- A critical tool for mental health professionals addressing today's complex family structures and the increased pressures on children and adolescents from school, peers, and the general culture
- Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans for parents and other caregivers
- Organized around 31 main presenting problems with a focus on giving parents the skills they need to
  effectively help their children navigate contemporary issues such as the trauma associated with divorce,
  school pressures, and sexual abuse
- Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options
- Easy-to-use reference format helps locate treatment plan components by behavioral problem
- Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA)



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