



Nutrition, Health and Safety for Young Children: Promoting Wellness (2nd Edition)

Joanne Sorte, Inge Daeschel, Carolina Amador

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A comprehensive overview of the nutrition, health, and safety needs of young children from birth through school age, *Nutrition, Health, and Safety for Young Children: Promoting Wellness, 2/e* prepares future educators to implement healthful practices and teach young children ways to contribute to their own wellness. Through anecdotes, cases, and authentic examples, the authors use a storytelling approach that helps contextualize wellness concepts for readers, promote thinking about professional situations, and offer a glimpse into the everyday classroom environment—diverse populations of young children in family child care, child care centers, preschools, and elementary school settings. In this new edition, the text has been streamlined to 16 chapters and still covers the wide range of challenges that teachers of young children are facing today, such as: an increasingly diverse population of young learners, more identified food allergies, concern about the obesity epidemic, the increase in pertussis (whooping cough) cases, focus on serving children with special health care needs in classrooms, new kinds of threats to children's safety, and increased awareness of the need to develop healthy environments and use sustainable practices in early childhood settings. The Enhanced Pearson eText features embedded video.

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