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Maaya Takahashi

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Low Carb: Low Carb Recipes.

Top 36 Slow Cooker Recipes For Weight Loss

This book is filled with 36 low carb slow cooker recipes that will help you lose weight as well as keep you satiated!

You can start it before you go to work or whenever you have time. Then you don't have to worry about having dinner on the table in the evening because it's already cooked!

In this book you will find the following:

- High Fat, Low Carbohydrate Chicken Recipes
- High Fat, Low Carbohydrate Turkey Recipes
- High Fat, Low Carbohydrate Beef Recipes
- High Fat, Low Carbohydrate Pork Recipes

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Ann Goddard:

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